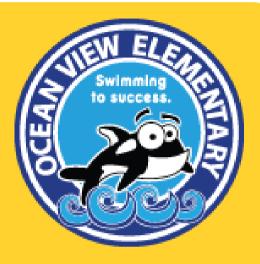
### **MARCH 2025**

# **OCEAN VIEW NEWS**

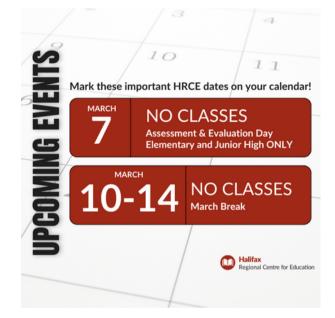


### **Ocean View Elementary**

51 Ocean View Dr Eastern Passage, NS Phone: 902-435-8459 Fax: 902-435-8414 https://ove.hrce.ca/

### **Bell Times**

8:30 - Entrance Bell P-3 8:45 - Pre Primary begins 10:30- 10:45 - Recess 12:14 - 1:15 - Lunch 2:40- Pre Primary Dismissal 2:45 - Dismissal - P-3 Dismissal





## **Please Please**

Sent your child with extra socks and pants.This transition to spring is wet and muddy! To avoid called you in please send lots of extras in your child's backpack.



### School Bus Safety Tips

A few bus safety reminders for all riders:

- Please respect and listen to the driver and avoid distracting them.
- Please keep noise levels to a minimum
- Do not stand or move seats while the bus is in motion
- Never put your hands, arms, feet or head out of the bus window.
- Ask the driver for permission before you
- Do not throw anything
- inside the bus or out of the windows.
- Keep the aisle clear at all times when the bus is in motion.

Halifax Regional Centre for Education

### **School Bus Safety Reminder**

More than 33,000 HRCE students take the school bus. Making sure they have a safe and happy trip to and from school is very important to us. Please talk with your child about school bus safety on a regular basis. Students should tell their bus driver and/or school principal if they have any problems.

Here are some important safety tips:

Bus Stop Safety

Be on time for the bus. Don't run to or from the bus. Stand back when the bus arrives and give everyone space. Get on or off the bus one at a time. Always cross the road in front of the bus. Walk to a spot where you can see the driver. When they signal it's safe, walk to the middle of the road. STOP, LOOK, and LISTEN, then cross when it's safe. Never crawl under the bus or cross the road from behind it.

> School Bus Safety Respect and listen to the driver. Their job is to focus on the road, so avoid distracting them. Respect others and your space. Keep noise levels down. Stay seated while the bus is moving. Keep your arms, legs, and head inside the bus. Do not throw anything inside or outside the bus. Keep the aisle clear.

Did you know: It's illegal for drivers to pass a school bus when it has stopped with its red lights flashing. Bus drivers will activate their amber lights 150m before they stop as a warning to motorists.

More information about HRCE student transportation and school bus safety can be found here.



Whether it's planting a garden, cooking with family, or enjoying a meal with friends, food provides opportunities for building social connections that can support improved feelings of belonging and overall well-being.



#### **March is Nutrition Month**

Did you know? March is Nutrition Month! This year's theme, Nourish to Flourish, highlights the important role that food has on our physical, mental and emotional health and well-being. Whether it's planting an indoor or outdoor garden, cooking together with family, or enjoying a meal with friends, food provides opportunities for building social connections that can support improved feelings of belonging and overall well-being. This is a great time to explore and learn about food. An important part of this is food literacy, which includes having the knowledge and skills to grow, choose, prepare, and talk

about food.