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465-8670 (Phone) 465-8673 (Fax)
Principal: M. Brace
Vice Principal: M. Walsh
Website: https://ove.hrce.ca/

April 30th, 2020

Greetings Parents & Guardians.

I would like to take this opportunity to reach out to all of our Military families at this time. While we do not have a lot of the details/answers, we do know that this must be a very difficult and emotional time for all of you. In saying this, I wish to extend my supports to you and hope that it can be of help in any way.

Nova Scotia has experienced a lot of hurt and pain over these past few weeks, however, the silver lining is that we all were in it together. I trust that this will be just the same.

Below I have attached a resource link for our military students.
Canadian Armed Forces: New Crisis text line for kids. Please text CAFKIDS to 686868 for 24/hour confidential support.

Also, for additional resources/supports, please visit Mrs. William's Website, available for all families.
https://sites.google.com/gnspes.ca/dwguidance/home

If you require additional support from you School Counsellor, please email
Danita.williams@hrce.ca

Much love & positive thoughts your way

Mrs. Williams